



EMERGENCY PREPAREDNESS – 2018-2019

Comfort Kits

A “comfort kit” is a collection of personal items that will comfort a child in the event that he/she must stay at school beyond normal school hours due to any emergency. Items in the kit generally fall into four categories: warmth, nourishment, personal hygiene, and emotional support. **Please have comfort kits in to the child’s classroom as soon as possible after he/she starts attending school.**

(Note: water (72 hours supply) and first aid kits are already in place in all classrooms.)

Put all items in a **one gallon freezer zip lock bag labeled with child’s name.**

The following is a suggested list of supplies. Remember the four categories and pack those things your child will enjoy. All items can be purchased at Fred Meyer, Ed’s Surplus, Long’s Drugs, etc.

Nourishment:

Granola bars, raisins, fruit snacks, juice, beef jerky, peanuts, fruit cup, Vienna sausages, (all items must have expiration dates beyond June 2019).

Warmth:

Pair of socks, emergency space blanket (Ed’s Surplus).

Personal Hygiene:

Wipe ups, toothbrush/paste (travel)

Emotional support:

Letter of comfort (see sample), family photos

Sample letter of comfort:

Hi _____

If you are reading this, something has happened that means you will stay at school longer than usual. We hope you enjoy the things we packed in your comfort kit. We are thinking of you and I’m sure we will be together again soon. In the meantime, enjoy your snacks. We love you very much.

Mom and Dad (Include a family photo *taken at a fun time*)

If you have any questions about compiling your child’s comfort kit, you may contact the school office.

Please note: It is very important that each child have a kit at school for his physical and emotional comfort, even though we hope it will never have to be used.